

How to Find Your Mojo!

Women
only
Workshop!



Confidence is a key ingredient to a successful life

Whether other people see you as confident is not as important as how you feel about yourself and your achievements.

If you know there is something holding you back from success then this is the workshop for you!

Price and Location:

De Vere Harben, Tickford Street, Newport Pagnell MK16 9EY

Thursday 23rd February 2012

9.30am – 4pm £99 per person. Includes lunch and refreshments

Book now!

Are you a capable and competent woman who feels let down by a lack of confidence or low self-esteem?

Does this hold you back?

You will learn:

- The difference between confidence and self esteem
- What might be undermining your confidence
- A clear understanding of what knocks you
- Strategies to cope with:
 - Over analysing situations
 - Feeling out of control
 - Being nervous of other people

I am blown away by today.
This day was an investment in me
and my business!

Angela Sherman, MD, Care To Be Different



Sarah Setterfield
Workshop Leader

How to book:

Email sarah@impact4success.com

Call 01908 375371


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for success